SENSUOUS WISDOM™ TEACHER TRAINING

APPLICATION FORM

Please complete this application thoroughly and email it back to us - the spaces below will expand as you write. As numbers in the first official Sensuous Wisdom™ Teacher Training are limited to create an intimate learning experience, your application also includes a personal interview with the Sensuous Wisdom™ creator Denise Elizabeth Byron. Along with this application, please email your letter in word format on why you would like to be a Sensuous Wisdom™ Teacher to [sensuouswisdom@gmail.com](mailto:info@tigressyoga.com) You will then be contacted within a week to arrange an interview time with Denise. Upon success of your application, a $500 non-refundable deposit is required to secure your place.

First Name

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Spiritual Name (if applicable)

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Family Name

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Address

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Postal Address

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Phone (Mobile)

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Phone (Home)

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Birth Date (MM/DD/YYYY), Birth Place, Birth Time

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Primary Email

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Emergency Contact (please include full name, best phone number and your relationship with that person):

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Your Current Occupation

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Previous Professional Qualifications

| Qualification | Year qualification obtained |
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What do you hope to gain from teaching Sensuous Wisdom™?

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What are you moving towards professionally?

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Women’s Mysteries/ Tantra/ Yoga / Healing Arts/ Movement Experience

Please list the retreats and experience you have, including the length of time you have practiced each type of activity.

| Modality | Years of Practice | Hours / week |
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Briefly describe and summarize your current spiritual practice if you have one:

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Have you participated in Sensuous Wisdom™, private sessions, retreats or any other work with Denise?

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If you have not studied with Denise, what makes you feel confident that Sensuous Wisdom™ Teacher Training is for you?

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Health Information

The following will be used to better assist you during the program. Please answer “Yes” or “No” in the spaces provided. If you answered yes please also explain your responses below. Your answers will be kept in strict confidence.

Are you currently taking medication for any physical or psychological condition?

Do you have any chronic physical limitations or disabilities?

Do you have a history of psychological or emotional illnesses or issues?

Have you had a serious illness or major surgery within the last five years?

Are you currently pregnant or wanting / trying to become pregnant?

Have you experienced any sexual trauma/abuse that you are seeking healing from?

If you answered YES to any questions above, please substantiate your reply with a short explanation. If there is anything else about your physical or psychological health that you feel might affect your participation in the Sensuous Wisdom™ Teacher Training please explain:

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Have you in the last 12 months used tobacco, alcohol, recreational drugs, or illicit substances? Please be honest - this is to support you through the training YES / NO

Do you currently continue to use any of these substances? If yes, please list substance and frequency of use:

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In-Depth

This section of the application is intended to give us a better understanding of you as a person. We encourage you to include any transformational experiences or turning points in your life that have brought you to your current interest in diving into Sensuous Wisdom™ and female spiritual-sexual development. Please list main points here.

What attracts you to facilitating women in conscious sensuality / sexuality practices?

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What are some challenges that you think could come up for you as you go deeper into your spiritual-sexual embodiment and in becoming a teacher?

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Why have you chosen to apply for the Teacher Training at this time? What is it specifically that interests you?

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Teaching Sensuous Wisdom™

Do you feel ready to teach right away or are you applying primarily for your own personal development?

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When would you want to start teaching classes?

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Where would you like to teach?

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What are your professional intentions for being a Sensuous Wisdom™ Teacher and becoming part of our teaching community?

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Sensuous Wisdom™ is trademarked to protect our unique processes and innovative approach to yoga for women. Confidentiality Agreements are required for all students to sign. You will also have Teaching Agreements to sign. What, (if any) issues do you foresee for yourself around this?

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Through Level 1 training, Sensuous Wisdom™ needs to remain intact as a unique practice in a group class format in order for its continued success and to maintain a strong and supportive community. For Level 2 and 3 training, if you are currently qualified as a practioner/ facilitator in other modalities, please explain below your understanding of how Sensuous Wisdom™ can be combined with your professional work.

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Full Disclosure

In order to make informed decisions, the Sensuous Wisdom™ team must be able to rely on the truthfulness of information provided by applicants. The information an applicant provides on this form is treated as confidential and will only be seen by Denise.

“By checking the signature box and typing my full name below, I affirm that the information provided on this application form is true and complete to the best of my knowledge. False, incomplete, or misleading information is grounds for rejection of this application or exclusion from the program."

By typing into the box below, you indicate your signature as verification of the statement above (you may type it for now, but these forms will need an actual signature at the first training module.)

| Signature |
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| Full Legal Name |
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| Date |
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We look forward to receiving your application and we’ll be in touch to let you

know that your application has been received. Email this back to us along with your personal letter stating why you wish to be part of this teacher training.

Thank you!